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Author Bio

Shae'vada Pratcher, known to many as Shae, was born in Fairbanks, AK, but grew up in many states, being a military brat. She is co-founder and part owner of Limitless Light Productions Studios LLC with her husband.

She has made a name for herself in relation to radio through her podcast segment, "Let's Talk", under the umbrella of "Finding My Way Network", which broadcasted internationally. She was also a part of Atlanta's V1075 Radio Station Ministry with her show, "Praying Partners", where she encouraged, uplifted, and motivated many with her content. She also interviewed celebrities such as Erica Campbell of the Grammy Award-winning group Mary Mary and award-winning actress, Terri J. Vaughn.

She enjoys spending time with her family and friends and has a passion for singing. She is a proud member of the Gospel group, "Limitless", which released their first album, "Enter The Light", in 2018 across all major platforms.

The Highway to Healing is her first nonfiction book.



Shae Pratcher

Highway To Healing Is A Powerful
Multi-Award Winning
Inspirational/Motivational/Self - Help Book
That Has The Power To Uplift The Masses.

BOOK BIO



Awards

InspireU Awards - October 2023
Self - Help Book of 2023

Firebird Book Awards - October 2023
Spiritual/Spirituality, Self-Help/Motivational &
Personal Growth

Book fest Awards - October 2023 - Finalist
Honorable Mention Award in Self -Help
Inspiration category

The Highway to Healing is a representation of life's journey. A journey filled with experiences encompassing steep curves wide, narrow, short, and long pathways through beautiful scenic terrain. Yet still, the highway has its hazards. Hidden shallow and deep potholes are common here. Adverse weather conditions may delay and/or reroute you. Rest stops along the way provide you with the time to reflect on past obstacles, new challenges, and future destinations. Being fueled by faith, courage, and strength will lead you to your destination of true healing.

While our journeys may not be exact, you may resonate with mine, and vice versa. It's important to understand that we can all learn something from each other, no matter the difference in age, gender, or any of that other stuff we put labels on. Be willing to bet on YOU, the HEALED YOU! I'm not talking about the "half-healed" version of yourself where you confront what's comfortable to circumvent what's conducive. True healing requires commitment. You owe it to yourself. Too often, we sacrifice ourselves, including our happiness, peace of mind, and joy, without ever being intentional about pouring back into our own cups.

"GIVE YOURSELF PERMISSION AND USE YOUR PAIN TO POUR INTO YOUR PATH THAT LEADS YOU TO YOUR PURPOSE."

Title: Highway to Healing

Publisher: Limitless Light Productions Studios LLC (March 7, 2023)

Language: English

Paperback: 196 pages

ISBN-13: 979-8987685112

Item Weight: 8.1 ounces

Dimensions: 5.5 x 0.45 x 8.5 inches

Formats: Paperback, Kindle

Amazon: [LINK](#)

EDITORIAL REVIEW



"Highway to Healing by Shae Pratcher is a heartrending but beautifully victorious account of one woman's journey coming to terms with sexual abuse perpetrated on her as an innocent child. An army brat, Shae and her family moved around a lot from camp to camp, and with her parents in the military, one or both were frequently away from home on deployment. From a tender age, Shae's biological father not only groomed her for sexual abuse but also perpetrated heinous and extremely damaging abuse over seven long years. When the young girl finally found the courage to speak up about what was happening, although her father admitted to the abuse, he would attempt to place the blame and the initiation on Shae. Instead of being separated from the abuser, her mother allowed their father to continue living at home with them rather than face the realities of reporting him to the authorities. Shae started a long and arduous journey to completion and recovery for herself, her husband, and her family. She details her journey in this story as both a cathartic experience and a roadmap for other sexual abuse sufferers to show them they are not alone and there is a possibility to find their true path.

Highway to Healing is a personal story that can potentially create adverse reactions in readers. Yet, author Shae Pratcher has presented it in such a gentle and warm style that one is uplifted and renewed by the author's journey. I particularly appreciated that the author's deep faith, plus the unwavering support of her husband and therapist, allowed her to navigate the deep and dangerous waters in which she found herself. For Shae, her deep faith was in God, but whatever the reader's faith or beliefs may be, this faith in something greater than herself gave her the strength to address the past and, most importantly, to move forward. This woman's courage is incredible and admirable, but just as important in this narrative is the clear, practical, and meaningful steps that she contributes to readers who may have experienced any form of abuse, sexual or otherwise. Ultimately, this book is not about survival but triumph and empowerment. I found this story deeply inspirational and uplifting. For these reasons, I can highly recommend this read." **Reviewed by Grant Leishman for Readers' Favorite**

Topics to Discuss

Abusive Family Relationships

Communication

Faith

Grief and Loss

Relationships in Troubled Families

Women's Issues

Target Audience

Trauma Survivors

Mental Health and Counseling Professionals

Church Groups

People Living in Crisis

Women's Organizations

Book Clubs



Amazon Reviews

5.0 out of 5 stars Excellent Book for Your Healing Toolkit!

From the first page, this book offers a profound and transparent journey from childhood trauma and adversity to healing and empowerment. The boldness with which the author tells her story leaves you not only rooting for her but also deeply inspired by her resilience and strength. I found myself highlighting and underlining many parts of this book to refer to whenever I needed encouragement, as its words resonate with any situation and serve as a guiding light during moments of doubt. I thoroughly recommend this book to anyone, no matter the situation. It has indeed been a blessing to me and will be a blessing to you as well!

5.0 out of 5 stars Page TURNER!! CAN'T PUT IT DOWN!! MUST READ!!!

This book is such a page-turner!!! When you start reading, you want to know and understand more! I am NOT a reader at all, and I have been unable to put it down! It taps into so many emotions, makes you reflect on your life, and inspires you to look in the mirror and want to do better! I bought my mother a copy, and now my sister, mother, and I have a weekly book club. Even if your journey is not the same as the author's, you will still be able to relate in some way!

5.0 out of 5 stars Healing, Inspiring

My wife and I have been reading Shae's book together. Her testimony has touched our hearts in so many ways. There are so many challenges we all face in life. Sometimes, it seems that we can't face another day. God will bring us through if we will reach out to Him. Thank you, Shae, for caring enough to bare your heart. This book is going to bring healing to many broken people. God bless you!

5.0 out of 5 stars LOVED THIS BOOK. Inspiring

Highway to Healing is a must-read. Thank God for your testimony; it is very inspiring. I have had many years of holding back and not letting go of the past: a people pleaser. Thanks be to God, and reading your book has made me realize I have to find me to get the real healing. Thank you so much for allowing God to lead you to write Highway to Healing. I enjoyed it so much. ❤️❤️❤️

5.0 out of 5 stars A must-read!

A courageous account of the author's path toward healing. It provides an emotional journey into her past and inspires us all to start our own path towards healing. If you're looking for hope, strength, and faith that you, too, can heal from your past...this is the book for you!

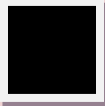
Interview Questions



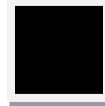
Why did you write this book?



Why did you title your book Highway to Healing?



What is your book about?



What is the significance of your cover art?



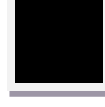
Who will benefit by reading this book?



What have you learned about yourself as you wrote this book?



How can this book make a difference?



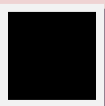
Was writing your book difficult, and was it cathartic?



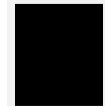
What are signs of abuse that we should look for?



Any advice for others who might find themselves in your situation?



What should one do if they suspect abuse?



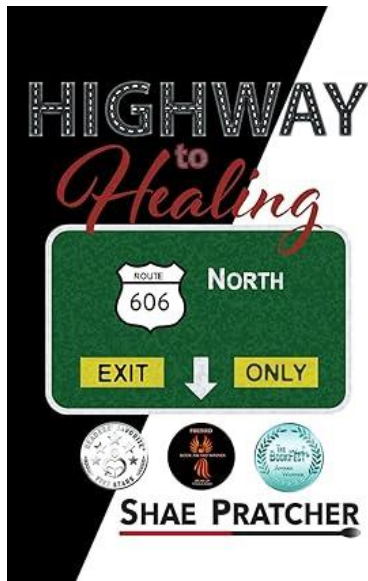
Any final words?



Photos

I appreciate requests for photographs for press use.
Email and let us know where you post your article so we can link to it.

Thank you.



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